

Study Smart: Tried and True Tips for Success

1. **STUDY AHEAD.....**Successful students say they spend a minimum of 2 to 3 hours studying each day for one-two weeks before a major exam.
2. **KNOW YOUR TERMS....** Know and understand all key terms. Make flashcards of the words to help you memorize them.
3. **USE YOUR OWN WORDS.....** Describe and make connections between different concepts - note similarities and differences.
4. **LEAVE MORE TIME TO STUDY YOUR MOST DIFFICULT UNITS AND/OR SUBJECTS ...** If science is the subject you find hardest, study it first. Study your most difficult subject while you are still alert.
5. **TAKE BREAKS....** Make sure you take 5 to 10 minute breaks every 40 minutes to keep yourself focused.
6. **WRITE SUMMARY SHEETS...** the more you actively review the more you will remember. Visualize your notes, use colour pens, highlighters to mark off important terms and concepts.
7. **USE MNEUMONICS....** Create sentences or words to help you remember. If you keep mixing up the stages of meiosis make up a funny sentence to help you keep the stages in order.
8. **CREATE SAMPLE QUESTIONS ...** test yourself often. Try to predict exam questions.
10. **REVIEW PREVIOUS TESTS...** look for the types of questions you often get wrong, give yourself more practice on those types of questions.