

6 Day Countdown for Exams....

The end of semester is fast approaching, there seems to be a mountain of information to learn, terms to memorize and words that seem impossible to spell.... Yes that's the lament of every student!

6th day before the exam..... Time to breakdown the course into chunks - no more than 4, each chunk should have a focus - usually this is by unit of study. Look for unit reviews, circle anything you DON'T understand - look in your textbook or ask your teacher for clarification.

ORGANIZATION IS KEY AT THIS POINT

5th day and counting..... Study your 1 chunk of material. Study as though you have the exam tomorrow. Use note cards, diagrams, flowcharts, anything that you find works as a prompt.

4th day..... Give yourself a quick test on the material you studied the night before. Reward yourself if you passed! Now start on chunk/unit 2. Finish only when you can pass the test on this section!

3rd day.... Again quiz yourself on the previous two days unit's work. Study the 3rd chunk of material.

2nd day before the exam..... Do the test thing again. Learn the last chunk of material. Highlight what you still do not feel confident you know.

DAY BEFORE THE EXAM.... Review the list of highlighted information you still don't know. STUDY these and the little details you may have overlooked before. Review your notes/summaries one last time. By now you should feel confident that you know your material.

RELAX, GET SOME SLEEP, YOU ARE PREPARED!